

AFTER YOUR SPIDER VEIN TREATMENT

Sclerotherapy/Laser

Wear your compression stockings until bedtime today. You may remove the cotton balls and tape when you remove the stockings.

You may shower as normal then wear your stockings for the next ____ days just when you are up and around. You do not need to sleep with them.

It is common to have some bruising, redness, mild scabbing for up to 2 weeks post procedure. These will fade on their own.

It is common to feel little lumps and bumps that may be tender. These will resolve fully but may take a few weeks to do so.

All veins treated look worse before they look better.

If you experience any discomfort, you may take Tylenol, Advil, Aleve or any analgesic that works for you.

You may resume normal activity immediately and exercise may be resumed the next day.

Return for your next appointment in 4-6 weeks and remember to bring your compression stockings with you.

If you have any concerns or questions, please do not hesitate to

Contact our office at _____

Or our on call nurse at _____